

SAN BERNARDINO & RIVERSIDE COUNTIES

Catholic Charities

Free Counseling for Women

Catholic Charities is offering free counseling for women ages pre-teen to senior, regardless of income level. A professional counselor will help empower and equip you through private sessions and/or group therapy. Call us to find out more and start your journey to reach your personal goals. Confidential and open to all women.

Stress ❁ Anxiety ❁ Abuse ❁

Parenting ❁ Bullying ❁

Self-Esteem ❁ Eating Disorders ❁

Relationships ❁ Depression ❁ Anger

❁ Fear ❁ Addiction ❁



We can help...

Call us today to schedule an appointment. 909-763-4970

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